A survey of opinion: Clinically Important Atrial Arrhythmia & Stroke

Dear colleague,

We would be very grateful if you would complete this short survey of 10 questions. The survey aims to explore opinion regarding what duration of paroxysmal atrial fibrillation (AF) is considered clinically-relevant. This survey is a European extension of work already carried out within the UK.¹ The survey should take no more than 5 minutes to complete.

If you have already completed the survey via the European Stroke Organisation, please ignore this email; we thank you for your time and kind support.

Please click on this link to start the survey: https://www.surveymonkey.com/s/europeanAFstrokesurvey

Further information can be found below.

The current European Society of Cardiology (ESC) guidelines advise that when using ambulatory ECG monitoring for the diagnosis of AF a recording of ≥30 seconds is required. However, it remains unclear if shorter runs of atrial arrhythmia detected on ambulatory ECG could also be relevant, particularly with regards to stroke risk.

As the availability of ambulatory ECG increases, we are seeing more patients undergo this investigation. In the absence of existing evidence, we are keen to survey specialist opinion in order to gauge current practice. How are we currently managing patients who show features of AF on ambulatory monitoring but the duration of the paroxysm does not meet current diagnostic criteria?

Within the UK there is a lack of consensus with regards how we manage these patients. We are keen to establish if there is more agreement across Europe.

To begin the online-survey: https://www.surveymonkey.com/s/europeanAFstrokesurvey

Any enquiries: richard.tran@nhs.net

By completing this survey you are giving consent for the results to be used anonymously as part of a greater study. Many thanks for your support. Your time is greatly appreciated.
Yours sincerely,

Dr Richard T Tran (Glasgow, UK)
Dr Alastair J Rankin (Glasgow, UK)
Dr Azmil H Abdul-Rahim (Glasgow, UK)
Professor Gregory YH Lip (Birmingham, UK)
Professor Andrew C Rankin (Glasgow, UK)
Professor Kennedy R Lees (Glasgow, UK)